National Cyber Security Awareness Month
October 2017

Week 3: **Today's Predictions for Tomorrow's Internet**

Is your refrigerator putting your home network at risk? We live in a world of "smart" objects, where some things like thermostats, coffee pots, and refrigerators are connected to the Internet. We carry around smart devices like phones, and we even wear them in the form of fitness trackers and medical devices. More everyday items we use are being connected to the Internet daily. This complicated ecosystem offers us tremendous benefits, but it also poses unique risks. As technology continues to advance through all aspects of our lives, it is critical to use Internet-connected devices in safe and secure ways. These devices pose various privacy and security challenges because they collect personal information about the user which could potentially be accessed by others. The user is responsible for understanding what information these devices collect and how it is being shared.

Follow these simple tips below to secure any object or device that connects to the Internet and sends or receives data automatically:

Read privacy polices and know what information an app or device will collect to determine if you really want to share such information.

Update software regularly Keep any device that connects to the Internet free from viruses and malware by keeping the software up to date.

Understand your devices settings to control how much information a device or app with display publicly about you.

Set Strong Passwords and change them regularly.

Click here to read more information on how you can apply these simple steps.

Be part of #CyberAware Month this October. Get involved in discussions on Social Media using the hashtag #CyberAware

Click on the image above to view a video for more information about

The Internet of Things!

Has your organization been affected by a cyber incident? Need Help?

To report your cyber incident and to access other resources contact:

dps.cyberhelp@vermont.gov Or call: **802.872.6184**

Stop.Think.Connect.™